

What to bring for Your Trip to Canada

Travelling to another country is always exciting, except for one thing: PACKING! You may want to take your whole wardrobe, but be sure to make it compact to avoid overweight bag charges.

Read through our vital list of packing tips from a travel expert, so you don't forget anything.

Documents and Money Go in Your Bag First



Passport, visas, work & study permits and other documents are the last thing you want to forget. I would suggest taking a photocopy of all the documents and putting them in another bag, so you have a copy of them in case you lose the originals.

1: List of the main items that go in the carry-on bag:

- Passport
- Visa, visa approval letter and study or work permits (if applicable)
- Health insurance (if you ordered it through Selkirk College, you will get it upon arrival)
- Selkirk College Letter of Acceptance (LOA)
- Homestay Letter (if applicable)
- Money and credit/debit cards (notify the bank about your trip prior your departure)
- Have some cash in Canadian dollars (call to the bank and preorder cash in advance)
- A list of important phone numbers
- A doctor's note translated into English and prescription medicine
- Contact lenses with the container, glasses, sunglasses (if applicable)
- A camera or smart phone and charges
- Laptop (take it if you go for a long period of time. You can also use computers at Selkirk)
- A change of clothes, toothbrush and toothpaste (in case your luggage is delayed)
- *Have your ArriveCAN receipt and quarantine plan ready for assessment by a Border Services Officer.*

2: Check the Weather and Pack Accordingly



The Canadian climate is often associated with cold weather and snow but, in reality, our climate is very diverse.

Summer officially starts in June 21st and ends in September 21st. The beginning and end of warm weather usually coincide with these dates. If you visit Canada in the summer, take summer clothes

and something warm (long pants, closed shoes, jacket, and long sleeve shirts) as the evenings may be colder.

Winter season obviously requires something really warm. Do not forget about a warm jacket, gloves, a hat and a scarf. Winter in Castlegar and Nelson is usually cold and the temperature ranges from -10 to +10 degrees Celsius. Also don't forget to take water proof jacket as weather in Canada is quite unpredictable and it may rain and snow.

3: Don't Pack Your Whole Wardrobe



Take only the clothes you need, otherwise you may end up paying for overweight.

List of the main clothing items:

- Shirts with long and short sleeves
- Socks and thermal underwear (applicable also for males in the winter season. Can be worn under the pants)
- Shorts (for summer), pants and jeans
- Bathing suit (for summer season or for hot springs) and shower sandals

- Party outfit or traditional dress (we have many events at Selkirk, so bring a dress to impress!)
- Snow Jacket, raincoat (depending on a season)
- Comfortable shoes and winter boots
- Pajamas
- Summer or winter hat
- Gloves (applicable for fall and winter)

4: Bring the Medicine You Need

Bring the medicine you need with prescriptions and ideally with the drugstore receipts. I suggest carrying all medication in its original package as the customs officials may want to check it at the border.

5: Check Canadian Security Requirements

Canadian Air Transport Security Authority regularly updates the list of permitted and non-permitted items for flights originating in Canada. Check out <http://www.catsa.gc.ca/> for current security requirements.

Once you've considered the entire list above, pack your stuff and have a safe flight!